

Today's Take-Aways

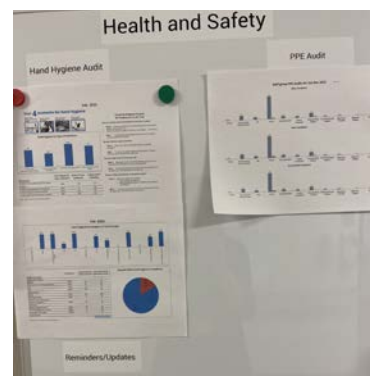
Senior Leadership Team - In The News

- As many of you may be aware, there has been increasing talk in the media about the availability of private health care facilities and their expanding capacity to offer surgical services etc. The closest ones to our area are in Ottawa. While we currently don't see these facilities and their services impacting hospital care and service delivery, the Ministry of Health is looking at ways to build in safeguards around private health care services.

Occupational Health and Safety

- A memo will be coming out with regards to the rising prevalence of measles as a reminder for staff to ensure their vaccinations are up to date. While this isn't a mandatory vaccination, our team will be running some in-house clinics to make vaccination convenient for those who require an update. Staff can contact Lori Ann Borne at extension 7202 if they have any questions about vaccination status.

- Please note that there are new Health and Safety boards (as pictured to the right) on each clinical unit. These boards will be the place to find hand hygiene audit results, PPE audit results and health and safety related updates or reminders. Add photo



Infection Prevention and Control

- A memo is being issued today announcing the reduction of physical distancing requirements within the hospital. This means that, unless otherwise indicated, individuals in areas such as meeting spaces, break rooms, cafeteria and office spaces can be unmasked if they so choose, so long as they are a minimum of three feet (one metre) in distance from another unmasked person. Previously the requirement was six feet. This change will help to increase capacity in some of our spaces.

- Effective March 31st, the IPAC team will be available five days a week vs. seven. The team will be supported by Clinical Resource on the days they are off.

Lean

- We are celebrating the fact that in February, 93% of Lean huddles were held, the work for 70 improvement tickets was completed and a total of 97 celebration tickets were submitted.

- Thank you to all of you who have taken the time to complete the Staff and Physician Satisfaction and Engagement survey. The survey will close at the end of day this Sunday and we are currently sitting at 62% participation hospital-wide.

One of this year's Quality Improvement Plan (QIP) Drivers this upcoming year will be guided by the results of the 2023 survey, so the more input from staff the better. And, of course, who doesn't like a treat basket- awarded to every team who achieves a 75% completion rate or greater!

Today's Take-Aways Continued

Departmental Updates

Diagnostic Imaging

- The department is anticipating delivery of a new portable X-ray machine next week.

Information Technology

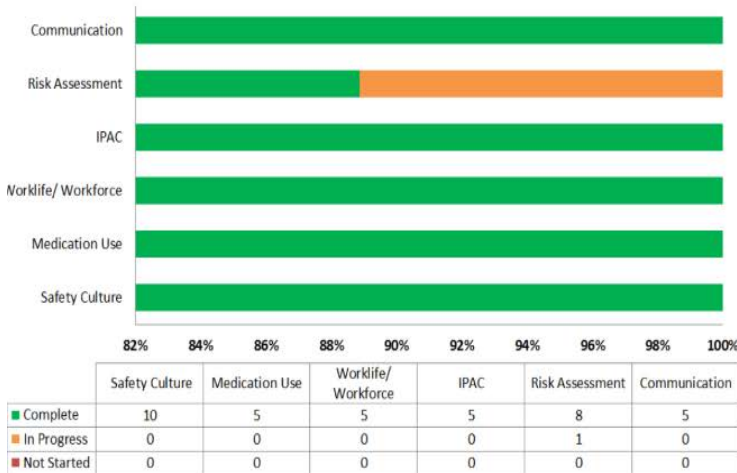
The team is in the process of moving all files to a new cloud-based storage system – known as Phase 2 of the Office 365 migration. In the coming days, IT team members will be meeting with departments to review file ownership, management etc. A memo regarding this will be issued with more detail so stay tuned. In the meantime, staff still experiencing challenges with the new Office 365 Outlook service are asked to connect with IT and take advantage of some of the information sessions that are being offered.

Surgical

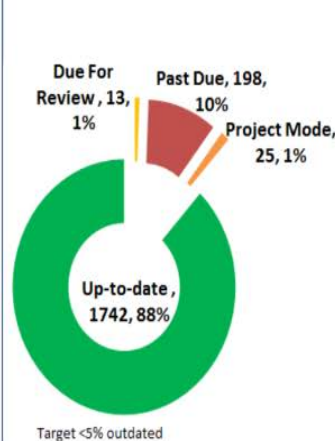
- The first Day Surgery hip replacement will take place March 16th with Dr. Malcolm Chang. This will be an exciting day for the team.

PEMBROKE REGIONAL HOSPITAL 2023 ACCREDITATION READINESS DASHBOARD

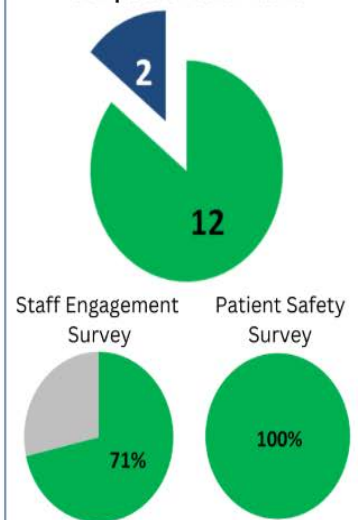
Status of Required Organizational Practice (ROP) Readiness



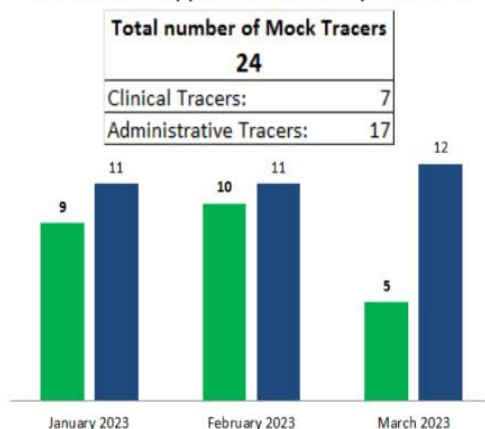
Policy Readiness



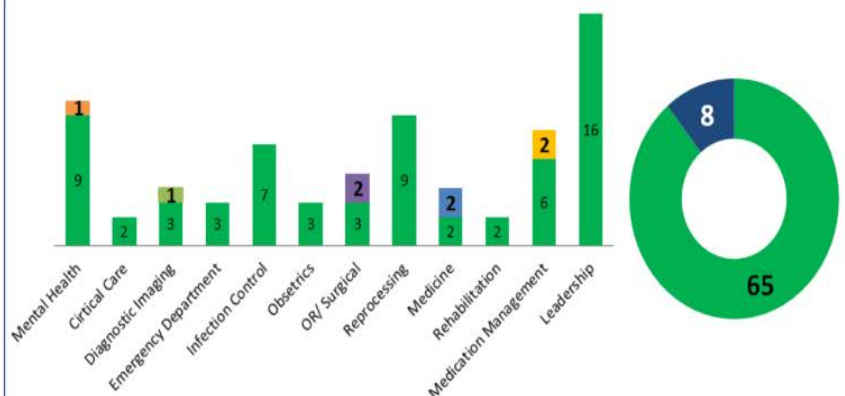
Combined Survey(s) Completed Action Items



Mock Tracer Opportunities for Improvement



Departmental Action Plan Completeness Indicator of Readiness



Accreditation Update

ACCREDITATION | April 3 to 6, 2023

24 : 22 : 45

DAYS

HOURS

MINUTES



Everyone plays a part to the great work we do! Let's celebrate our journey and demonstrate our excellence in quality and safety by high-lighting improvements we are especially proud of in our departments.

Accreditation provides an opportunity to have trained peer assessors from other hospitals (aka. SURVEYORS) evaluate how we meet global best practice standards (Accreditation Standards) at our hospital through observation & facilitated discussions with Frontline Teams, Leadership, Community Partners & our hospital Governance Board.

REQUIRED ORGANIZATIONAL PRACTICES TO KNOW



1. Transfer of Accountability/ Information at Care Transitions
2. Incident Reporting & Disclosure of Adverse Events
3. 'Do Not Use List' of Dangerous Abbreviations
4. Patient Identification
5. Hand Hygiene
6. Workplace Violence Prevention
7. Falls Prevention & Injury Reduction
8. High Alert Medications
9. Pressure Ulcer Prevention
10. Venous Thromboembolism Prophylaxis (VTE)

Familiarize yourself with the applicable PRH processes/systems, protocols, policies & standard work related to these essential practices. Key information is found in the QuickTips & Key Information Articles found on the Accreditation Hub.

Policies must be **accessed electronically** for the most up to date version in the Policy Medical Program through the PRH Intranet or Citrix homepage.



More Information:

www.pemreghos.org/accreditationhub

Accreditation Update

ACCREDITATION | April 3 to 6, 2023

Let's go through them together using examples at PRH!



1. Transfer of Accountability/ Information at Care Transitions

- Standardized communication tools (eg. SBAR, Discharge checklists) LEAN boards, Safety Huddles, Patient Care Bedside rounds, 'Faces' pain scale, GAP tools, Patient Education Material, Interpretation Services, Community partners involved in family meetings
 - Can you tell me how you transfer a patient to another unit?
 - Do you use any standardized communication tools in your area? What standardized communication tools are utilized to optimize safety?
 - Can you describe how information is shared or communicated between staff, and from your manager and the senior team?



2. Incident Reporting & Disclosure of Adverse Events

- Risk Incident Management Reporting System (RIMS) captures incidents and near misses. Any events should be reported with a completed RIMS ideally by the end of the working shift.
- Our *Patient Related Critical/Adverse Event Policy* provides support and guidance through the disclosure process
 - How do you report a patient safety incident? What happens after you report? How was the patient or family informed?
 - Have you ever been involved in a serious or critical patient safety incident?



3. 'Do not Use' List of Dangerous Abbreviations

- ISMP Canada "Do Not Use" list is used at PRH and applies to ALL medication-related documentation. ALL healthcare providers have equal responsibility to not write or use these abbreviations. The list is available at the front of the patient chart
 - How do you know what abbreviations are unacceptable to use at PRH?



4. Patient Identification

- 2 patient identifiers are verified before/during 1. Registration/Admission & 2. Prior to administering any: Service, Medication, Treatment or Procedure using the *Ask don't tell approach*.
- *Approved identifiers*: Patients Full name (first & last), Hospital CPI number, Patient's date of birth, Validated health card number or Valid photo identification
 - How do you ensure/ verify a patient's identity?
 - Can you tell me steps that you take when registering or checking-in a patient?

Accreditation Update

ACCREDITATION | April 3 to 6, 2023

... let's continue



5. Hand Hygiene (Education & Compliance)

- Hand Hygiene using alcohol-based hand rub is the preferred method, unless visibly soiled. Education is provided at orientation, annual eLearning, departmental in-services, safety huddles and during audit/feedback loop. Compliance rates are available on Health and Safety Boards & on PRH public website
 - *What type of training have you received on IPAC measures/outbreak protocols, Hand Hygiene & PPE processes?*
 - *Do you know where to find your unit's Hand Hygiene compliance data?*



6. Workplace Violence Prevention

- Inform your Manager/Supervisor and/or Occupational Health & Safety Department as soon as possible. Use de-escalation techniques and in escalated situations activate a Code White. Complete a OH&S report after a workplace violence incident. Access to the Employee & Family Assistance Program (EFAP) and customized safety plans from OHSW is available.
 - *Have you received any training on violence in the workplace?*
 - *Do you feel that you have the tools and resources to keep you safe from potential incidents of violence at work?*



7. Falls Risk & Injury Prevention

- Universal falls precautions apply to everyone entering the hospital, preventing falls is everyone's responsibility. All falls are reported in RIMS & teams conduct post-fall huddles with team, patients and families. Admitted patients receive fall risk assessment (Morse Fall Scale & LDRP specific tool) and outpatients >65 are screened.
 - *Can you tell me about the standard assessments that are done with patients that are admitted to the unit?*
 - *Have you received any training on fall risk reduction?*
 - *What information do you provide to patients/families? How?*



8. High Alert Medications

- Always document; dose, routine, time & effect of medications. Independent double checks are required for select high-alert medications. Full list of medications and associated safeguards is found on the PRH intranet IV manual. Medication near misses, errors & adverse events are reported in RIMS.
 - *What is the process for administering a high-alert medication?*
 - *How do you know what high-alert medications are available at PRH?*



Accreditation Update

ACCREDITATION | April 3 to 6, 2023

.... let's continue to more!



9. Pressure Ulcer Prevention

- All patients admitted to PRH will have a Braden Scale screening completed upon admission and daily thereafter. Monthly wound care audits are conducted on Medical Units. Most appropriate and dressing suggestions for wound care are available in the Pressure Injury Management policy.
 - *Can you tell me about the standard assessments that are done with patients when they are admitted to the unit? Where do you document these?*
 - *What information do you provide to patients and families? How?*

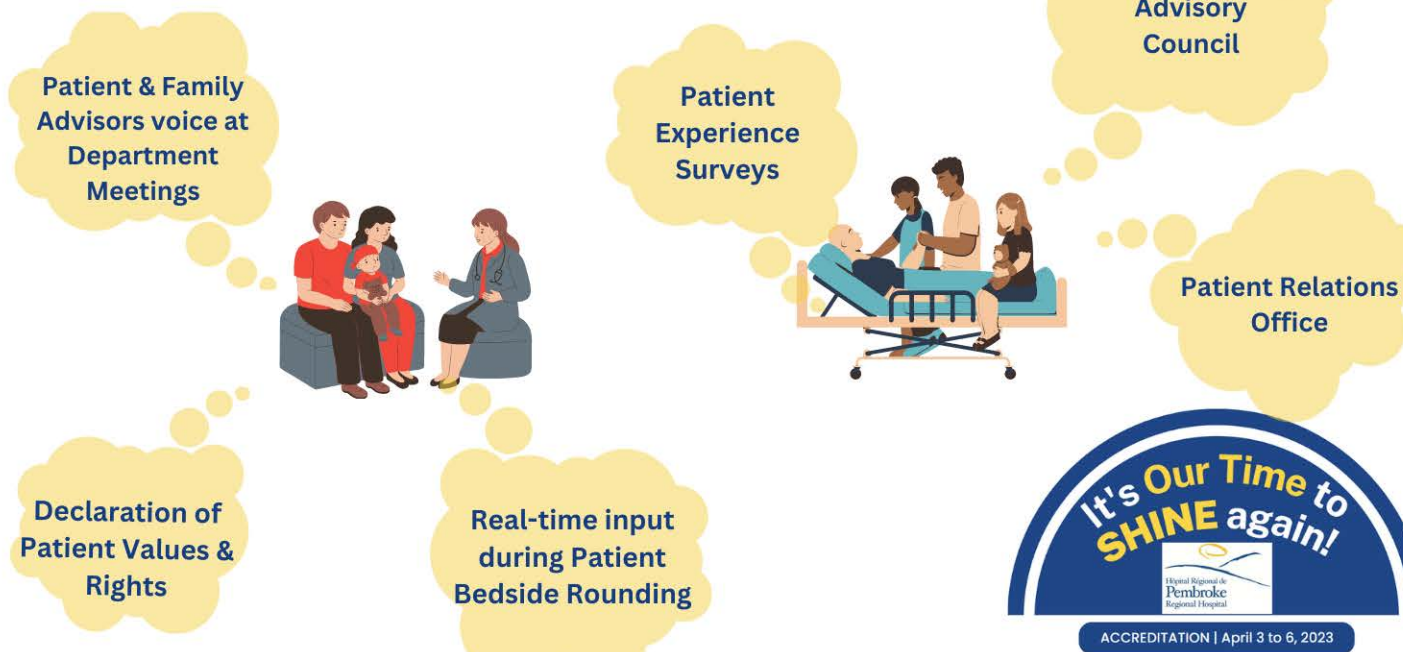


10. Venous Thromboembolism Prophylaxis (VTE)

- VTE risk is assessed within 48hrs for all patients admitted to PRH and at the time of a significant change in clinical status. VTE best practice guidelines are supported in a VTE pre-printed order. Manual audits are conducted monthly and communicated at various committees and recommendations/education are assessed and provided as needed.
 - *How do you assess a patient's risk for developing VTE? How would this be addressed?*

ENGAGING PATIENTS & FAMILIES

It's part of our practices everyday! Adding the patient lens to hospital initiatives is crucial to filling gaps in patient care. What do we do at PRH?



Accreditation Update

ACCREDITATION | April 3 to 6, 2023

tickets provided by:



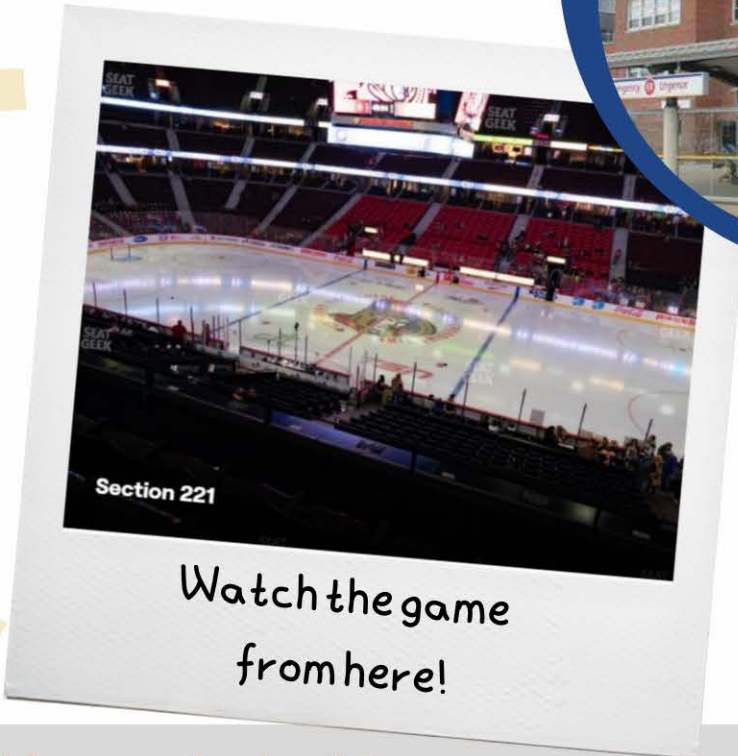
REMINDER 2.0

ACCREDITATION 2023 BINGO

One BINGO card per person. Your goal is to complete each activity on the board (24 total). Submit your completed card for a chance to win April 1st Sena tickets.

Turn card over for more details and how to prove each activity is completed!

1. Discuss a BINGO with a colleague and share what you learned from the BINGO.	2. Complete a self-reflection form from Accreditation Hub.	3. Participate in a peer review of a lesson plan.	4. Take an inventory of your current practice and identify areas for improvement.	5. Share your reflection with a colleague and discuss your plan for improvement.
6. Complete a self-reflection form from Accreditation Hub.	7. Find and share a peer-reviewed article on a topic related to your practice.	8. Share your reflection with a colleague and discuss your plan for improvement.	9. Complete the Accreditation Hub self-reflection form and discuss your plan for improvement.	10. Share your reflection with a colleague and discuss your plan for improvement.
11. Participate in an Accreditation Hub activity or discussion.	12. Complete a self-reflection form from Accreditation Hub.	13. Participate in a peer review of a lesson plan.	14. Take an inventory of your current practice and identify areas for improvement.	15. Share your reflection with a colleague and discuss your plan for improvement.
16. Complete a self-reflection form from Accreditation Hub.	17. Find and share a peer-reviewed article on a topic related to your practice.	18. Share your reflection with a colleague and discuss your plan for improvement.	19. Complete the Accreditation Hub self-reflection form and discuss your plan for improvement.	20. Share your reflection with a colleague and discuss your plan for improvement.
21. Participate in a peer review of a lesson plan.	22. Complete a self-reflection form from Accreditation Hub.	23. Take an inventory of your current practice and identify areas for improvement.	24. Share your reflection with a colleague and discuss your plan for improvement.	25. Complete a self-reflection form from Accreditation Hub.



Watch the game from here!

2 tickets to the April 1st

Ottawa Senators vs. Toronto Maple Leafs NHL Hockey game hosted at the Canadian Tire Centre in Ottawa are up for grabs!!!

- Pick up your BINGO card starting Friday Feb 10th on your unit or at the Accreditation Education Board.
- Your goal is to complete each activity on the board (24 total).
- Submit your completed card by **March 22nd at 12noon** in the drop box at the Accreditation Education Board for a chance to win!



Accreditation Education Board

STOP AND TAKE THE CHALLENGE
Come find the 'floating' education resource center for ALL THINGS accreditation. **Q-Tips included!**
-Submit your completed BINGO card here too.



LOCATION RIDDLE: Walk through the lunch box out to the back: the porch outside is a nice place to snack.



Guardian Angels



Dr. Sylvie Cantin

"I'm a little late in nominating Dr. Sylvie Cantin for her Guardian Angel pin! It's been over 6 years since she took the very best care of my mom and was there not only for my mom, but for my family and I too! We would have been lost without her compassion, love and care. Dr. Cantin went above and beyond and was truly our Guardian Angel."



Dr. Lowry

"Thank you very much for being so kind and efficient."



Sarah Barber

"Thank you Sarah for all you do!"



Rehab Team

"Thank you very much for being kind and efficient."



Week #22
You Could Win over
\$55,000!

www.PRHcatchtheace.ca



Canadian Nuclear Laboratories | Laboratoires Nucléaires Canadiens

Presents



Pembroke Regional
Hospital Foundation
Fondation de l'Hôpital Régional de Pembroke

Coming to Beautiful Downtown Pembroke

Saturday, May 6th, 2023

REGISTER TODAY AND
SUPPORT LOCAL HEALTHCARE!

www.heroesrunforhealthcare.ca

613-732-2811 ext 7408

foundation@prh.email

Looking for a HOST FAMILY

PRH is once again looking to partner with Schloss Hansenberg to provide an education placement to a German high school student!



Duration:
Month of October 2023

REQUIREMENTS:

- Provide the student with transportation to and from both the airport as well as PRH if not within walking distance
- Meals and a place to stay (reimbursement of 800€)
- Provide the student on off time with opportunities to explore our wonderful country!

INTERESTED?

Connect with
Micayla Sewell- HR
Consultant

Ext. 6504

micayla.sewell@prh.email

MORE THAN PINK JENNA'S HOPE

ADULT PARTY PACK RAFFLE

The Lab is raffling off an Adult Party Pack to help with medical expenses for Jenna Driscoll who is the daughter of long time co-worker, Arden.

You may purchase tickets in the Lab from February 27th to March 17th

The draw will be held March 17th @11 a.m.

Tickets are 1 for \$5 or 3 for \$10

This past January, Jenna was diagnosed with Stage 2 Invasive Ductal Carcinoma, a form of breast cancer. Jenna also tested positive for HER2, which means that Jenna's cancer is more aggressive with a higher likelihood of reoccurrence. Jenna has already begun her chemotherapy treatments and will need a further three to four treatments, followed by surgery and radiation. The good news is that these treatments are covered through benefits and with the help of the drug manufacturers. The not-so-good-news is that Jenna's best chance of a cure involves a drug called Pertuzumab which is not covered under health or drug plans in Ontario. This life saving drug comes with a devastating cost of \$30,000.

It is our hope, with the help of this raffle and incredibly generous and supportive family, friends and community members, that we can help lessen the financial costs of these treatments so that Jenna is able to focus solely on getting better and being here for her sweet family.

With Gratitude, Lab Staff



Now Available: PRH Clothing and Accessories



Spring/Fall Jackets (Women's and Men's styles) **\$70**

- Optional embroidery on the right sleeve \$5 extra

Fleece sweatshirt **\$35**

- Optional embroidery on the right sleeve \$5 extra

Glass etched ornament **\$20**

Travel mugs **\$25**

*T-shirts, yoga jackets
and baseball hats
coming in the spring!*

Winter hats **\$20**



CELEBRATIONS

To include a special message in this section, email celebration&recognition@prh.email.

- Thanks to **Timothy Gorr** for going above and beyond in assisting with a Code White recently. His calm demeanor and presence was a great help at de-escalating the situation and supporting the team. *Amanda Godin, Clinical Manager, Medical Program*

- We would like to celebrate **Mila Schryer and Heather Kilius (Operating Room)** for all their hard work, diligence, and professionalism when working with teams to efficiently plan and coordinate elective and emergency patient flow through the OR. Their communication and daily support to the teams is helpful and greatly appreciated! Thank you!

Dr. Natasha Holder, Heather MacMillan, Michelle Godsell, Beth Brownlee

- A big shout out to **Naomi Beaulieu** for her timely response to data requests. Her help is appreciated! *Beth Brownlee*

- We would like to send out a celebration and thank you to **Lauren Theberge and Elaine Taylor** for all their help in a complex contract negotiation! *Beth Brownlee and Michelle Godsell*

- As part of a Quality Improvement initiative, the **Departments of Diagnostic Imaging and Surgery** come together on a regular basis to review tissues removed during surgical procedures and discuss cases confidentially to share and learn together. In the past, one radiologist reviewed all of the tissues. This change in practice allows for a broader sharing of the knowledge gained through the review of tissues removed during surgical procedures, both from a proactive and retrospective perspective. Congratulations to the teams!

Melanie Henderson, Vice-President, Clinical and Support Services / Partnerships & Integration

- Katie Hollahan recently celebrated **Sarah Mellish** for her leadership in the office. She is always ensuring that everyone receives training and attends inservices such as office 365 and fire extinguisher training. Thank you for everything you do! *Sabine Mersmann*

- Sarah Selle celebrated **Kirsten Johnson** for her ability to `get things done`. She said Kirsten is a very effective leader and is able to motivate others to complete tasks and stay accountable. Well done!! We are in good shape for accreditation because of her leadership! *Sabine Mersmann*

- Celebrating the first OR Mock Code of the year and congratulating all involved. I hope everyone who took part felt like it was a good learning experience and an opportunity to ask questions and clarify processes within a Code but also with particulars to a Code Omega. Dr. Colleen Haney, Erin and I have taken notes regarding some areas to bring forward and opportunities for our team. Our next Mock Code will be in May with a focus on Stat C-section/Code Pink. Well done! *Heather Macmillan, Clinical Manager, Surgical Program*



Pembroke Regional Hospital - Joint Health & Safety Committee

Each month, the *Joint Health & Safety Committee* will be highlighting a safety topic to keep our staff and work environment safe.

Here's the first - *JHSC - Who are we and what do we do?*

Who we are?

1) The JHSC consists of 12 voting members, 6 representing management and 6 representing workers.

The 6 worker member representation is as follows:

- Two (2) worker members selected by CUPE;
- Two (2) worker members selected by ONA;
- Two (2) non-union non-management members



2) A JHSC Health & Safety Board located in the second floor staff corridor features:

- A JHSC Membership List which identifies all members and alternates along with contact info.
- A copy of the most recent JHSC Terms of Reference and Workplace Inspection Schedule.
- A copy of the previous committee meeting minutes which are accessible to all staff so you can read a summary of what was discussed at each meeting.
- Any recent Ministry of Labour Orders are posted on the Board for staff knowledge.

What do we do?

The JHSC Committee meets 10 times per calendar year and the committee's responsibilities include:

- Discussing work-related health and safety opportunities.
- Helping ensure that PRH has a high functioning Internal Responsibility System (IRS) that effectively identifies, reports, and recommends corrective actions on hazards, or potential hazards which may cause harm to our staff or property.
 - Identifying situations that may be a source of danger or hazard to workers through regular workplace inspections.
 - Making written recommendations to the employer and workers for the improvement of the health and safety of workers.
 - Conducting organization wide education concerning aspects of workplace safety.
 - Reviewing regular reporting on various aspects of the workplace (ex. infection control reports, equipment testing, drills and education) related to the health and safety of workers.
 - Ensuring the annual review of policies and procedures, this will include ensuring compliance with current legislation, ministry directives and industry best practice.
 - Identifying, evaluating and recommending a resolution of all matters pertaining to health and safety in the workplace, brought to the committee's attention and within the committee's legal mandate.
 - Recommending to the employer and the workers the establishment, maintenance and monitoring of programs, measures and procedures respecting the health and safety of workers.
 - Participating in and reviewing reports on health and safety investigations, work stoppages, and Ministry of Labour visits, as outlined in the Occupational Health and Safety Act.

Unlock the potential of food:

Find a Dietitian.



March is **NUTRITION MONTH!**

This Nutrition Month, consider how visiting a Registered Dietitian can help you! Dietitians have the skills and expertise to help you make informed food and nutrition choices.

There are so many reasons for you to visit a Dietitian, for example:

1. You want to prevent or manage a health condition like diabetes or high blood pressure
2. You have a digestive issue like irritable bowel syndrome, acid reflux, celiac disease, Crohn's disease or Colitis
3. You have a food allergy or intolerance
4. You would like accurate, practical advice to improve the way you eat and feel
5. They can support you throughout any phase of life - pregnancy, dealing with a picky eater, to eating well when you are older.

Bottom Line:

Whether you are looking to improve your relationship with food, manage a health condition or learn how to eat well while working shift work, Dietitians can help. No fads. No gimmicks. Just up-to-date science and a commitment to helping you understand the connection between food and your physical, mental and emotional health!

Refer to The Loop and The Pulse throughout the month of March for more tips on where to find a Dietitian, how to lobby for Dietitian coverage through employee benefits, and for information on prizes to be won!

Meet Your PRH Nutrition Team!



Pictured (from left to right): Becky Richardson-Sack, Julia Reddy, Jenny Huang, Holly Landry

Julia Reddy RD - I started at PRH in 2011 with the Diabetes Education Program as a CDE with the Outreach team. Together with an RN, I provide diabetes education and prevention across the county. Originally from Newfoundland, I obtained my undergrad from Memorial and my MPH from Waterloo. I love helping my clients learn about and try new foods, explore local products and navigate the world of diet culture and health at every size.

Jenny Huang RD - Born and raised in Toronto, I completed my BAsC at Ryerson and later my MScA at McGill. Presently, I work with the PRH Outpatient Diabetes & Nutrition Clinic (Tower D) alongside two Registered Nurses (RN CDEs). Prior to moving into my role in the Diabetes Clinic, I worked in LTC at Barry's Bay and Primary Care in Grande Prairie and Arnprior. I enjoy working with patients to rediscover the joys of food and impact it has on different aspects of physical, mental and social health and well being. PS I love food!

Becky Richardson-Sack - My role in hospital is Dietetic Assistant (DA). I started working in Food Service as a student at the Pembroke Civic Hospital in 1992. I attended Canadore College and graduated from Food and Nutrition Management in 1996. I continued to work in Food Service at the Civic until I transferred to PRH. I started working as a Dietitian Assistant in 2003 and fell in love with the clinical side of my education. I assist the RD in hospital with helping in-patients meet their nutrition goals and encourage patients to eat well and make healthier choices once at home.

Holly Landry RD - A passion for nutrition led me to complete an undergraduate degree at the University of Western Ontario, and practical training as part of the Northern Ontario Dietetic Internship Program. I started working at PRH in 2022 as the Inpatient Clinical Dietitian. I am responsible for developing nutrition care plans to maximize intake for high risk admitted patients. I find it rewarding to support patients by increasing nutrition knowledge and providing other forms of nutrition support.

CONSTRUCTION CORNER

Hospital Wide:

- The Rogers technicians have completed most of the cabling throughout the Hospital and installed all of the antennas.

Tower A:

- Work will be starting around March 23rd for the move into the new sterile rooms for the *Cancer Care Project*. Pharmacy plans to start using the rooms on March 28th. The old rooms will be decommissioned starting around April 11th with the contractor going back in around April 24th to complete the HVAC work.

- Regarding the *Surgical Day Care Project*, terrazzo floor repairs are continuing with walls going up in the former Chapel area and in the North Wing. A new dedicated water line was installed for the Lab, which will now allow a water shutdown to proceed for Towers A and B which is tentatively planned for March 23rd. At the end of the month in the new chapel, the LED lighting, wood grain ceiling tiles and the relocation of heating controls by the windows into the ceiling space will be completed.

- On the 4th floor in LDRP, the terrazzo floor was repaired and new walls were installed in the Nursery. We are starting to patch the hallway walls for painting and for the installation of the tracking for the suspended ceiling. New medical air piping was installed in the Nursery. Some HVAC work will be starting next week.

- In the 5th floor A537 Washroom and in the A536 Housekeeping Room, the terrazzo floor was repaired and the rough-in for the plumbing was completed.

- Access control was installed on the AMH stairwell exit door for patient safety.

Tower B:

- The heating controllers continue to be replaced throughout the building with the focus this month on the 3rd floor Medical area.

Tower C:

- We are meeting on site with the architects and engineering to finalize the Ground floor renovation drawings.

Tower D:

- We are meeting on site with the architects and engineering to start the engineering drawings for the 2nd phase of the *Cancer Care project*.

Equity | Diversity | Inclusion

Upcoming Recognition and Celebration Dates

March

Pharmacy Appreciation Month

National Social Work Week - March 6-10

Healthcare HR Week - March 13-17

Dietitian's Day - March 15

Health Info. Professionals Week - March 16-20

St. Patrick's Day - March 17



The PRH Staff Association Presents

The Treat of the Month

Monday, March 27th,

1:30-4:30pm,

1st Floor, Tower A Entrance

(adjacent to the PRH Foundation office)

Staff Association members are invited to enjoy a
FREE Cinnamon & Sugar BeaverTail.

**Non-members and those wishing to purchase
an additional Beavertail can do so directly
from the vendor at a cost of \$6 + HST (\$6.80).**

**Please note that, given the format of this
month's Treat Day, pre-orders
will not be required.**

**Instead, staff will individually pick up their
freshly cooked BeaverTail anytime during
the three-hour distribution window.**

**Staff are also welcome to pick up for
co-workers who are unable to get away
from their workspace or those who may be
working evening or night shifts and want
theirs set aside.**

To get your BeaverTail:

1. Stop at office A128 (Carolyn Levesque's office) to have your name checked off on the Staff Association membership list.
2. If you are picking up for others, please ensure that you have their names too.
3. You will then be given a ticket which you can redeem at the food truck for a BeaverTail.

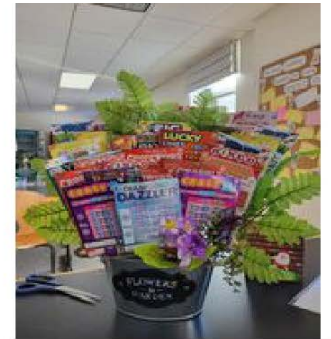


**The PRH Food Services Department Is Hosting
A Pair Of Gift Basket Draws Featuring:
A Scratch Ticket Bouquet valued at \$180
And A Candy Bucket valued at more than \$150**

Basket Raffle

**Tickets: \$5 each or 3 for \$10
Donations are also being accepted!**

Tickets can be purchased in The Lunch Box between
8:30 a.m. and 1:30 p.m. Mon., Feb. 27th to Fri. March 10th.
The draws will be held March 10th.



Both draws are being held in support of Cindi and Shawn Buske.

Cindi has been a member of our Food Services team for over a year while her husband,
Shawn, works in Housekeeping.

Recently the couple received devastating news - Shawn has been diagnosed with Stage 4 Colon Cancer.
With treatment underway, their friends, co-workers and family are now doing what they can to raise funds
for the couple in support of travel costs, lost income and every day expenses.

Every little bit will help them in this long road ahead.

Thanks for your support, The Dietary Team!

LEAN IN



On Wednesday, March 1st, our Education Team hosted a very successful Skills Day attended by approximately 60 staff members and our Senior Leadership Team as part of a Gemba Walk.

The event included a couple of vendors, as well as representatives from the Trillium Gift of Life Network, OHI for a review of the GAP tools and CHF/ACS, and Stryker. In addition, our own staff members assisted with teaching at our skills stations (chest tubes, pumps, CVAD's and Stroke).

Kudos to Erin and Caroline, our Education Team, for making this happen, and to everyone who helped support the initiative.



Emergency Preparedness

- The Code of the Month for March is Code Brown (hazardous spill). On March 15th, we will holding a tabletop exercise to practice our response. Please take the time to visit your emergency preparedness station or policy medical to read the policy on the code.

- On Feb 28th we hosted the Pembroke Fire Department, as they provided fire extinguisher training for 44 of our staff. Thank you to those who took part.



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Supporting The Coldest Night

Shout out to the members of the Pembroke Regional Hospital team who took part in *The Coldest Night* fundraiser this past weekend and raised over \$3,000 for The Grind!

Special thanks to the PRH leadership team and staff for their support in fundraising.



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